



Midlothian



Mrs Jennifer Allison
HEAD TEACHER



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13th March 2017

Dear Parents/Carers

Our annual Health Week is rapidly approaching. This year it will run from Monday 15th – Friday 19th May. We will hopefully be able to offer the usual sports and dance sessions through Active Schools and we plan another community walk at some point during the week.

Feedback from parents, staff and pupils was very positive last year. However, one thing that came through from both adults and children was that they would like to try some new things. In order to do this we need your help.

If you or somebody you know would be able to come in and run sessions for a day or even a half day, please do get in touch. It wouldn't need to be a sport; there may be people in the community who could do zumba, yoga, aerobics etc. We would also be interested in hearing from people who could talk to the children about health related topics or people who might be interested in coming in to make healthy snacks with the children.

Please complete the tear off slip below or email the school at Bonnyrigg_ps@midlothian.gov.uk if you or somebody you know would like to get involved in Health week.

Between us, hopefully we can make Health Week 2017 a huge success.

Thanking you in anticipation.

Caroline Findlay
Depute Head Teacher

HEALTH WEEK

Name _____

I would be interested in helping at Health Week by _____

Child/children's name/s _____ Class/es _____

AIM HIGH
CELEBRATE SUCCESS
ENJOY LEARNING