# Gluten free menu choice Jan - June 2019

Please let the kitchen know by the Monday of each week what options your child requires.

Many thanks

Week 1

Monday soup Macaroni cheese(G.F. pasta) chips G.F muffin

Tuesday soup G.F. roll choice of filling fruit or yogurt

Wednesday soup Baked potato with tuna mayo or coleslaw Ice cream

Thursday soup Gluten free pizza and rst potato fruit jelly

 Or rst beef, rst potato & broccoli

Week 2

Monday soup Omelette, chips & peas meringue, cream & fruit

Tuesday soup G.F. pasta bolognaise & carrots fruit or yogurt

Wednesday soup G.F. mince Mashed potato & turnip G.F. muffin

 Or baked potato with tuna or beans

Thursday soup G.F. rst chicken, rst potato & cauliflower fruit or yogurt

 Or gluten free pizza rst potato

Week 3

Monday soup G.F. roll choice of filling G.F. muffin

Tuesday soup G.F. chicken casserole potato & carrots fruit or yogurt

 G.F. tomato pasta & carrots

Wednesday soup Baked potato with beans or cheese fruit or yogurt

Thursday soup gluten free pizza & rst potato Raspberry ripple mousse